

# EMBRACING OUR PAST, SHAPING OUR FUTURE: 21<sup>ST</sup> century innovations

Dear Colleagues and Friends,

Welcome to the Society for the Arts in Healthcare's 19th Annual International Conference, *Embracing Our Past, Shaping Our Future: 21st Century Innovations*, in historic Philadelphia, Pennsylvania!

This year's conference draws together national and international leaders in arts and health. Artists, therapists, healthcare providers, administrators, educators and researchers will present and discuss cutting-edge topics and exciting developments in the field.

The conference provides a forum for more than 500 professionals from around the globe. As we gather experts throughout arts and healthcare communities, we encourage you to join with your friends and colleagues to share your stories, insights and successes. Through these conversations, we will continue to build on the importance of *exploring our past and shaping our future to strengthen the role of the arts in healthcare*.

At this year's conference, you will experience a wide variety of professional development opportunities, enjoy outstanding performances, meet and network with your colleagues from around the world, and tour Philadelphia's prime healthcare facilities and art museum. It is a unique opportunity to engage in a multitude of activities and events energized by a passion for connecting the arts to healing environments.

We thank you for your continuing support of the Society for the Arts in Healthcare. We also thank the Conference Planning Committee, the Philadelphia Host Committee, the Society's Board of Directors and staff and other partners who have all done an incredible job in organizing this year's conference. In closing, we would like to gratefully thank and acknowledge our sponsors and volunteers for their commitment to our conference and for sharing our goal to advance the arts as integral to healthcare.

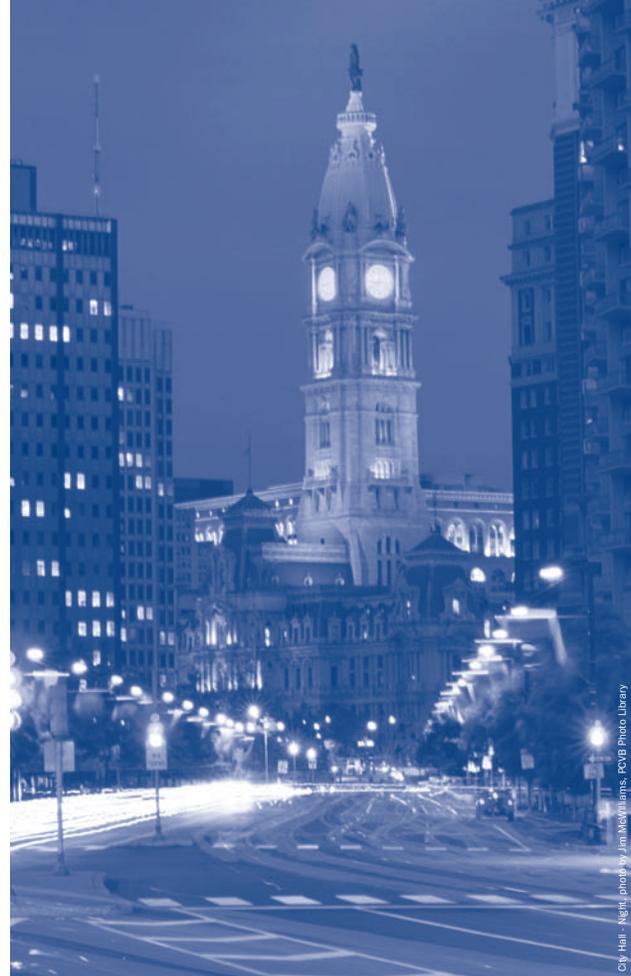
Sincerely,

**Jill Sonke-Henderson**, 19th Annual Conference Chair and Society for the Arts in Healthcare Vice President, Co-Director, Center for the Arts in Healthcare Research & Education, Gainesville, FL

**Cheryl Dileo**, Philadelphia Host Committee Chair, Director, Arts and Quality of Life Research Center, Professor of Music Therapy and Coordinator of the Master's Program in Music Therapy at Temple University, Philadelphia, PA

**Paul Sznewajs**, Society for the Arts in Healthcare President, Executive Director, Snow City Arts Foundation, Chicago, IL

**Anita Boles**, Executive Director, Society for the Arts in Healthcare, Washington, DC



City Hall - Night photo by Jim McWilliams - PVB Photo Library

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“The Society for the Arts in Healthcare conference is unique in its bringing together the range of professionals (artists, arts therapists, medical professionals, administrators, etc.) involved in arts in healthcare, all of whom have as their ultimate goal the improvement of patients’ quality of life through the arts.”

- Cheryl Dileo, PhD, MT-BC, Philadelphia Host Committee Chair, Director, Arts and Quality of Life Research Center, Professor of Music Therapy and Coordinator of the Master’s Program in Music Therapy at Temple University

“The Society for the Arts in Healthcare Conference is the single best place to learn about the world of arts in healthcare!”

- Elaine Sims, Director, University of Michigan Health System Gifts of Art Program

# welcome from the governor

COMMONWEALTH OF PENNSYLVANIA  
OFFICE OF THE GOVERNOR  
HARRISBURG

## Greetings:

It is with great pleasure that I extend a warm welcome to the participants and guests of the Society for the Arts in Healthcare’s 19th Annual Conference “Embracing Our Past, Shaping Our Future.”

This conference represents a unique and valuable opportunity for the cultural and community fabric of the Greater Philadelphia region. Its offerings will connect participants to the knowledge, cultural and healthcare experiences, community support, and professional skills that can demonstrate the valuable roles the arts can play in enhancing healing and wellness.

For many centuries the link between poetry and medicine remained obscure. It is of interest to note that Pennsylvania Hospital, the first hospital in the United States, which was founded by Benjamin Franklin in 1751, employed many ancillary treatments for their mental patients, including reading, writing, and publishing of their writings. Dr. Benjamin Rush, called the “Father of American Psychiatry,” introduced music and literature as effective ancillary treatments and poem writing was an activity of the patients who published their work in *The Illuminator*, their own newspaper.

As patrons and supporters of the arts, we know that we must never overlook the wealth of benefits they bring to our communities. The arts inspire the human spirit, provide beneficial effects in healthcare, facilitate communication among people, and promote appreciation of our shared and diverse heritages. They comprise the very foundation of a healthful society and provide us with the tools and insight necessary to flourish as individuals.

As Governor and on behalf of the Commonwealth of Pennsylvania, I commend the Society for the Arts in Healthcare for selecting Philadelphia, with its great wealth of cultural amenities, for this conference and for providing the region with such a valuable resource. I invite all Pennsylvanians to look to the conference not only as a rich store of information but also as a means to celebrate the quality and dedication of the individuals, artists, healthcare professionals, and institutions it represents.



*Edward G. Rendell*

Governor  
April 16-19, 2008



Mural Arts Program - Photo by Edward Savinola, Jr. PCVB Photo Library

## welcome letter

As the local host of “Embracing Our Past, Shaping Our Future: 21st Century Innovations,” Temple University, the Boyer College of Music and Dance and its Arts and Quality of Life Research Center are delighted that you’ve joined us in Philadelphia. There is no better place to embrace the past than Philadelphia, this country’s most historic city. It is indeed the home of many “firsts” both in the arts and in healthcare. As a vibrant cultural center, it houses world-class performing groups and museums to enrich your experience here. At the same time, as one of the country’s most prestigious medical communities, its state-of-the-art healthcare facilities and programs will provide innovative ideas for your work. Philadelphia is also home to a large and active arts in healthcare community, comprising some of the best clinicians and researchers in the world. They are eager to share their work at this conference. Lastly, students, faculty and researchers in our internationally known arts and medical programs at Temple University enthusiastically support this conference and look forward to meeting you.

The rich history of this city will undoubtedly inspire you with new ways to shape your future endeavors in arts and healthcare. We at Temple University enthusiastically welcome you to our city and join you on this exciting journey!

Robert Stoker, PhD, Dean  
Boyer College of Music and Dance  
Temple University

“This conference brings together those who understand the evidence of the vital connection between creativity and healing. As a health care company, we not only applaud all of those who attended, but are proud and privileged to be amongst and interact with all of those who bring the arts to new populations.”

- Michael Bzdak, Director, Corporate Contributions,  
Johnson & Johnson

# schedule at a glance

## Wednesday, April 16

### PRE-CONFERENCE DAY

Main Location: Doubletree Hotel Philadelphia

**8:00am - 5:00pm**

#### Registration

Overture, 3rd Floor

**9:00am - 4:00pm**

Pre-conference Sessions (lunch provided)  
Concerto AB

*Basic Tool Kit: Building and Sustaining Arts in Healthcare Programs (Full Day)*

Maestro AB

*Creative Evaluation: Process, Issues and Options (Full Day)*

**1:00pm - 4:00pm**

#### Tours

(buses for both tours depart from the Doubletree lower lobby at 1:00pm)

Philadelphia Community Arts in Healthcare

Arts Accessibility and Medical Education at the Philadelphia Museum of Art

**5:30pm - 7:30pm**

#### Welcome to Philadelphia Program and Reception (offsite)

The College of Physicians of Philadelphia, Historic College Building at 19 South 22nd Street

*(If you are attending, please be in the street level lobby by 5:00pm. Buses will be leaving between 5:00pm and 5:30pm. Attendance will be on a first come first served basis – limited to 150 participants. Registration badges are required.)*

## Thursday, April 17

Main Location: Doubletree Hotel Philadelphia

**7:30am - 8:30pm**

#### Stretch, Align, Mobilize: Yoga for All Levels

Orchestra Room, 2nd Floor

**8:00am - 5:00pm**

#### Registration at Doubletree Hotel Philadelphia

Overture, 3rd Floor

**8:15am - 9:15am**

#### Breakfast with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**9:15am - 11:30am**

#### Plenary Session – Opening & Welcome \*

Ormandy Ballroom, Lobby Level

**11:30am - 1:30pm**

#### Lunch on your own or with Special Interest Groups

Italian Bistro Center City  
*(Special Interest Groups will depart from the street level lobby for the Italian Bistro Center City at 11:45am. See full schedule for more details.)*

**1:30pm - 2:45pm**

#### Concurrent Session I Global

Aria A

*Sharing Your Talents (and enhancing your skills) Internationally*

#### Partners

Aria B

*Philadelphia Arts in Healthcare Programs Showcase*

#### Practice

Concerto A

*Musical Advances in Integrative Respiratory Approaches \**

#### Renewal

Concerto B

*Poets are Doctors of Language*

#### Research and Evaluation

Maestro A

*Staging the Data to Improve Dementia Care \**

*The Effects of Museum Gardens and Art Therapy on Elders with Depression \**

#### Skills

Maestro B

*Grief and Art: The Use of Expressive Arts in Bereavement and Palliative Care \**

*Reshaping Cancer Survivorship through Retreat and Renewal \**

**2:45pm - 3:15pm**

#### Break with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**3:15pm - 4:30pm**

#### Concurrent Session II Global

Aria A

*Blair L. Sadler/Society for the Arts in Healthcare Awardee Showcase*

Note: This is an extended session, which will end at 5:15pm.

#### Partners

Aria B

*Voices of African American Health: A Partnership to Elucidate Health Disparities \**

*Learning to Look: A Picture of Health*

#### Practice

Concerto A

*Music-Thanatology: Prescriptive Use of Harp and Voice as an Essential Part of Palliative Care at End of Life*

*Success of an Evidence-Based Art Program - M.D. Anderson, A Case Study*



Philadelphia Museum of Art photo by Edward Savatka, Jr.

## Renewal

Concerto B

*Singing for Mind/Body Connection and Greater Awareness of Self: A Preventative Tool \**

## Research and Evaluation

Maestro A

*Saber para la Gente/Knowledge for the People: Emancipatory Information for Health Disparities*

*Healing Pathways: Art for Survivors \**

## Skills

Maestro B

*The Use of Online Art-Making and Presentation Tools to Build a Global Community for Arts in Healthcare*

**5:30pm - 7:00pm**

### Opening Reception

Sundeck, 5th Floor

## Friday, April 18

Location: Doubletree Hotel Philadelphia

**7:30am - 8:30pm**

### Stretch, Align, Mobilize: Yoga for All Levels

Orchestra Room, 2nd Floor

**8:00am - 5:00pm**

### Registration at Doubletree Hotel Philadelphia

Overture, 3rd Floor

**8:30am - 9:00am**

### Coffee with Exhibit and Poster

**Viewing** (breakfast on your own)

Symphony Ballroom/Overture, 3rd Floor

**9:00am - 10:15am**

### Concurrent Session III

#### Global

Aria A

*Cultural Reuse as a Healthcare Practice: The Psychosocial-Ecology of Found and Secondhand Objects \**

*Current Research on Singing and Health within the Sidney De Haan Research Centre for Arts and Health, UK \**

*Building on the Evidence: Qualitative Research on the Impact of a Visual Arts Programme in Mental Healthcare \**



Mural Arts Program photo by Edward Savaria, Jr.

#### Partners

Aria B

*Johnson & Johnson/Society for the Arts in Healthcare Partnership to Promote Arts in Healing Panel*

#### Practice

Concerto A

*Adaptive Art Therapy Techniques for Children with Multiple Disabilities and Complex Medical Conditions \**

#### Renewal

Concerto B

*Shadow, Spirit and Art: From Pain to Possibility*

#### Research and Evaluation

Maestro A

*Mood, Art Therapy and Stroke: A New Method for Measuring Mood and Stress Reduction in Art Therapy \**

*Art Preferences of Children 5 -12 Years Old \**

#### Skills

Maestro B

*A Creative Challenge - the Curatorship of Contemporary Art Practice in an Acute Hospital Context \**

*The Art of Affiliation: Arts in Healing Partnerships with Three Diverse Hospitals*

**10:15am - 10:45am**

### Break with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**10:45am - 12:00pm**

### Concurrent Session IV

#### Global

Aria A

*"What Should a Hospital Be?" Art and Design Strategies for Humanizing Hospitalization for Children in Japan*

*AIM for Africa: Arts in Healthcare Initiatives in Kenya, Gambia and Rwanda*

#### Partners

Aria B

*A Look at Living through the Arts: An Innovative Program between the Arts and Community Organizations \**

*Engaging Communities Mural Project: Utilizing the Power of Shared Creativity to Inspire Health and Resiliency \**

#### Practice

Concerto A

*Visualizing Hope: A Ceramics Workshop for the Elderly to Alleviate Depression and Promote Social Engagement \**

*Modern and Contemporary Art and the Elderly: Engaging the Mind Through Challenge \**

#### Renewal

Concerto B

*Art and Healing and the Re-emergence of the Greek Eleusian Mysteries*

#### Research and Evaluation

Maestro A

*A Workshop on Naturalistic Qualitative Research \**

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

## Skills

Maestro B  
*Ask the Experts*

**12:15pm - 2:15pm**

### Plenary Session - Awards Ceremony Luncheon

Ormandy Ballroom, Lobby Level

**2:45pm - 4:00pm**

### Concurrent Session V

#### Global

Room Aria A

*Art Therapy at Mahabusu Ya Watoto: Cross-Cultural Experience in a Juvenile Detention Center*

*Arts-in-Medicine Abroad: Creating Effective Partnerships*

#### Partners

Aria B

*Still Life: A Model Project for Replication by Arts in Healthcare Organizations*

*Establishing Music Therapy Programs in General Hospitals: Two Case Studies*

#### Practice

Concerto A

*Out of the Dust Cloud: Art Therapy and Long-Term Health Effects of 9/11 \**

*The Community Arts Model in Brain Injury Treatment: Creating a Culture of Healing and Psychosocial Well-Being \**

## Renewal

Concerto B  
*Writing Safely, Writing Freely: Strategies for Creating Safe, Supportive Writing Environments*

## Research and Evaluation

Maestro A  
*Use of the Arts and Humanities in Medical Education: The AHM-ED Database - an Online Resource \**

*Creative Approaches for Reducing Burnout in Medical Personnel \**

## Skills

Maestro B  
*Songwriting Works: A Model for Enhancing Intergenerational Health and Giving Voice to Diverse Communities*

**4:00pm - 4:30pm**

### Break with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**4:30pm - 4:45pm**

### Performance by Claire Porter, Artistic Director, PORTABLES

Ormandy East, Lobby Level

**4:45pm - 6:00pm**

### Membership Meeting and Publisher's Reception

Ormandy East, Lobby Level

**6:00pm - 8:30pm**

### Arts in Healthcare Film Festival

Ormandy West, Lobby Level

## Saturday, April 19

Location: Doubletree Hotel Philadelphia

**7:30am - 8:30am**

### Stretch, Align, Mobilize: Yoga for All Levels

Orchestra Room, 2nd Floor

**8:00am - 12:00pm**

### Registration at Doubletree Hotel Philadelphia

Overture, 3rd Floor

**8:30am - 9:30am**

### Poetry Café Breakfast

Ormandy Ballroom, Lobby Level

**9:30am - 10:30am**

### Plenary Session \*

Ormandy Ballroom, Lobby Level

**10:30am - 10:45am**

### Break

**10:45am - 12:00pm**

### Concurrent Session VI

#### Global

Aria A

*Music, Spirituality and Healing: Balinese Gamelan Gong Kebyar in the Treatment of Schizophrenia \**

*Healing Within: Music Therapy and Spirituality in Cancer Care \**

#### Partners

Aria B

*Moving Portraits: Making a Difference Through Dance*

*Creating Meaning from Experience: Art, Culture and Dementia*

#### Practice

Concerto A

*Case Study: Creating a Regional Arts Program at AtlantiCare Regional Medical Center*

#### Renewal

Concerto B

*Music: The Pen of the Soul \**

## Research and Evaluation

Maestro A

*The Evanescent Art of Palliative Care: An Appreciative Inquiry \**

*Clinical Outcomes in the Context of Art Productions from an NIH Funded Study of Mindfulness-Based Art Therapy \**

## Skills

Maestro B  
*Ask the Experts*

**12:00am - 12:30am**

### Break

**12:30pm - 2:30pm**

### Celebration of the Arts in Healthcare Luncheon

Ormandy Ballroom, Lobby Level



\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

# daily schedule

## Wednesday, April 16

### Pre-conference Day

Main Location: Doubletree Hotel Philadelphia

#### 8:00am - 5:00pm

##### Registration at the Doubletree Hotel Philadelphia

Location: Overture, 3rd Floor

#### 9:00am - 4:00pm

##### Pre-conference Sessions (lunch provided)

##### Basic Tool Kit: Building and Sustaining Arts in Healthcare Programs (Full Day)

Concerto AB

**Facilitator:** Naj Wikoff, Consultant, Creative Partnerships: East Hill Consulting

##### Presenters:

Greg Finch, DMin, MDiv, MTS, BEd, Associate for Collaborative Projects, The Washington National Cathedral, Director, Wild Geese Among Us

Lynn Kable, Amherst Glebe Artist Response

Tina Mullen, Director, Shands Arts in Medicine, University of Florida

Paula Most, Arts Coordinator, Hasbro Children's Hospital/Lifespan Hospitals

The Toolkit is a mini hands-on seminar on how to create or enhance the scope of an arts in healthcare program, be it in a hospital or community setting. Everything from strategic planning, recruiting leadership, building institutional support, program planning, establishing partnerships and training artists to fundraising, marketing, public relations and evaluating your program is covered. If you have a dream, a problem to solve or a program you wish to grow, bring it and it will be addressed. This is not a talking-heads seminar, but a time of sharing ideas and experiences, brainstorming, solving problems together and fun. All participants will receive an Arts in Healthcare 101 Toolkit Handbook.

**Sponsored by:** Society for the Arts in Healthcare Consulting Service, funded by the National Endowment for the Arts

##### Creative Evaluation: Process, Issues and Options (Full Day)

Maestro AB

**Facilitators:** Suzanne Callahan and Judy Rollins

##### Presenters:

Suzanne Callahan, CFRE, Callahan Consulting for the Arts

Sharon W. Goodill, PhD, NCC, LPC, ADTR, Director, Hahnemann Creative Arts in Therapy Program, College of Nursing and Health Professions, Drexel University

Judy Rollins, PhD, RN, President, Rollins & Associates; Georgetown University School of Medicine

Although we know intuitively that our arts programs are well received by patients, families and caregivers, how can we gather information that allows us to learn about our success and any areas for improvement? An all day workshop will address program evaluation tailored to the arts in healthcare practitioner.

A morning session will focus on the process of evaluation to help participants understand how to develop a systematic plan to learn from their programs. By learning how to ask good questions and objectively collect data, we can improve our programs and find out more about their effect. In the afternoon, participants will learn first-hand about how to creatively gather information through specific evaluation methods. Data collection can go far beyond the survey. Participants will learn specifically about two possibilities – Appreciative Inquiry and Photo Language – for gathering insightful information. And, workshop leaders will address some of the major issues that arise in evaluation of the arts in healthcare settings, including ethics and the uses of information gathered. Throughout the day, participants will learn how to apply evaluation to their own arts in healthcare programs.

**Sponsored by:** Society for the Arts in Healthcare Consulting Service, funded by the National Endowment for the Arts

#### 1:00pm - 4:00pm

##### Tours

(Buses for both tours depart from the Doubletree lower lobby at 1:00pm)

##### Philadelphia Community Arts in Healthcare Tour

*St. Christopher's Hospital for Children, Village of the Arts and Humanities, Children's Hospital of Philadelphia*

Visit two pediatric hospitals and two community-based projects to see the power of the arts in healthcare! Stops include:

- 1) St. Christopher's Hospital for Children where COSACOSA's Healing Art Project creates visual environments with patients and members of the community;
- 2) COSACOSA's Healing Garden project created with residents of North Philadelphia;
- 3) A Village of the Arts and Humanities urban park filled with wall murals and mosaic benches; and
- 4) The Children's Hospital of Philadelphia to view the atrium filled games and gadgets, the community gallery of children's art and a six-story-high poem and mosaics created by patients with COSACOSA. Participants also will work with patients and COSACOSA artists to help create a new mosaic for the Center for Grieving Children while learning art-making techniques to use in their own facilities.

## Arts Accessibility and Medical Education at the Philadelphia Museum of Art Tour

*Philadelphia Museum of Art*

Visit one of the largest U.S. art museums to:

- 1) learn how access to its cultural treasures is created for visitors with disabilities;
- 2) participate in an interactive tour of renowned Museum pieces that evoke images of suffering and healing, developed and led by Steven Rosenzweig, MD; and
- 3) experience works by artists who have or had disabilities.

Participants may opt to stay until 5:00pm closing to visit the ticketed “Frida Kahlo” exhibition (requires advance purchase through Philadelphia Museum of Art of a ticket for the day’s last entry time, and securing own transportation back to Doubletree Hotel).

**Sponsored by:** The Arnold P. Gold Foundation: Working to keep the care in healthcare

### 5:30pm - 7:30pm

#### Welcome to Philadelphia Program and Reception (offsite)

*The College of Physicians of Philadelphia, Historic College Building at 19 South 22nd Street*

(If you are attending, please be in the lobby by 5:00pm. Buses will be leaving between 5:00pm and 5:30pm. Attendance will be on a first come first served basis.)

**Facilitator:** Jack Truten, PhD, Chair, *Section on Medicine and the Arts*

**Presenters:** Jay Baruch, MD, Director of Education in the Department of Emergency Medicine, Memorial Hospital of Rhode Island, Director of the Ethics Curriculum, Warren Alpert Medical School of Brown University and Kelley Jean White, MD, Poet and Pediatrician

**Hosted by:** The College of Physicians of Philadelphia’s Section on Medicine and the Arts

This inaugural event, *Artistic Representation of the Marginalized Patient*, will feature selected readings from the recently published short fiction collection by Jay Baruch, MD and from the published poetry by Kelley Jean White, MD, followed by discussion and reception (members of The College of Physicians of Philadelphia, Section on Medicine and the Arts are also invited to attend). The event will include a display of Dr. Wilma Bulkin Siegel’s portraits of patients from the 11th Street Clinic in Philadelphia, creating a rich array of poetry, prose and paintings for attendees.

**Sponsored by:** Jesse & George Siegel Foundation, Mount Ida College, Pennsylvania Council on the Arts and the *Section on Medicine and the Arts*

## Thursday, April 17

Location: Doubletree Hotel Philadelphia

### 7:30am - 8:30pm

#### Stretch, Align, Mobilize: Yoga for All Levels with Drexel University Dance Music Therapy Students and Faculty

Orchestra Room, 2nd Floor

### 8:00am - 5:00pm

#### Registration at Doubletree Hotel Philadelphia

Overture, 3rd Floor

### 8:15am - 9:15am

#### Breakfast with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**Sponsored by:** Temple University

### 9:15am - 11:30am

#### Plenary Session – Opening & Welcome

Ormandy Ballroom, Lobby Level

**Opening:** Anita Boles, Executive Director, Society for the Arts in Healthcare and Paul Sznawajs, Society for the Arts in Healthcare President, Executive Director, Snow City Arts Foundation

**Welcome:** Calvin B. Johnson, MD, MPH, Secretary, Pennsylvania Department of Health

**Introduction:** Cheryl Dileo, PhD, MT-BC, Director of the Arts and Quality of Life Research Center, Professor of Music Therapy and Coordinator of the Master’s Program in Music Therapy at Temple University

**Performance:** Relâche Ensemble

Join us for an innovative multi-media composition and musical performance by the Relâche Ensemble. *When the Spirit Catches You* is an artistic interpretation of the experience of having a seizure.

**Introduction:** Sharon W. Goodill, Ph.D., NCC, LPC, ADTR, Director, Hahnemann Creative Arts in Therapy Program, College of Nursing and Health Professions, Drexel University

**Keynote\*:** Ellen Dissanayake, PhD, Affiliate Professor, School of Music and Author of *Homo Aestheticus: Where Art Comes from and Why*

Ellen Dissanayake’s presentation, *Art for Life’s Sake*, emphasizes three main ideas and describes the evidence for them. An important consideration is that these claims, frequently asserted from general life experience or common sense, can be established from evolutionary theory, showing that the arts truly are for *life’s sake*. Using the arts in healthcare and in schools and communities makes sense from a biological point of view.

**Sponsored by:** Drexel University

**11:30am - 1:30pm**

**Lunch on your own or with Special Interest Groups**

Register for lunch at the Italian Bistro Center City with a small group based on your special interest. This intimate networking event will allow you to reconnect with colleagues and converse with new contacts in your area of interest. Space is limited.

**Special Interest Groups include:**

- Research and Evaluation
- Art and Spirituality
- Medical Education
- Hospice and Palliative Care
- Arts in Healthcare Administrators
- Healthcare Design (architectural, interior, landscape)
- Arts and Expressive Therapies

**Registration fee: \$30**

Register on-site Thursday, April 17 before 11:30pm.

(Special Interest Groups will depart from the street level lobby for the Italian Bistro Center City at 11:45am.)

**1:30pm – 2:45pm**

**Concurrent Session I**

**Global**

Aria A

*Sharing Your Talents (and enhancing your skills)*

*Internationally*

**Presenter:** Naj Wikoff, Consultant, Creative Partnerships: East Hill Consulting

Do you want to share or enhance your skills internationally? This workshop will offer Wikoff's experiences working with hospitals across Russia raising funds, training artists, recruiting volunteers and getting hospital buy-in, and will provide you with skills that are as valid at home as abroad.

**Partners**

Aria B

*Philadelphia Arts in Healthcare Programs Showcase*

Presentations and performances by local organizations, featuring Art-Reach, Artists for Recovery, Enemy Mine and Keystone Hospice, Inglis House, Singing for Tomorrow and Voices of Ages Intergenerational Choir

**Practice**

Concerto A

*Musical Advances in Integrative Respiratory Approaches \**

**Presenters:** Joanne Loewy, DA, MT-BC, LCAT, Director and Ronit Azoulay, MA, MT-BC, LCAT, Music Therapist, The Louis Armstrong Center for Music & Medicine

Music therapy may be used to influence breathing to achieve and maintain health across a variety of clinical populations from wellness through respiratory illness. A literature overview and description of several clinical programs will be followed by hands-on experientials to illustrate techniques.



**Renewal**

Concerto B

*Poets are Doctors of Language*

**Presenters:** Eric Elshtain, MFA, Poet in Residence and Daniel Godston, MFA, Poet in Residence, Snow City Arts Foundation

Speakers will model their work with children and teens on poetry, exploring how the moment of writing a poem (or painting a painting, or writing a song, etc.) can become a creative refuge. Audience members will work on the same poetry exercises given to their students, and will discover new creative tools.

**Research and Evaluation**

Maestro A

*Staging the Data to Improve Dementia Care \**

**Presenters:** Pia Kontos, PhD, Research Scientist and Gary Naglie, MD, MSc, Senior Scientist, Toronto Rehabilitation Institute

Scholars are increasingly turning to drama as an innovative approach to disseminating the results of qualitative research. This presentation will report the results of an evaluation of health practitioners' perceptions of a research-based drama production about personhood in Alzheimer's disease.

*The Effects of Museum Gardens and Art Therapy on Elders with Depression \**

**Presenter:** Ruth McCaffrey, DNP, ARNP, Associate Professor, Florida Atlantic University College of Nursing

This presentation discusses the results of a study that examined the effects of walking through Museum gardens and art therapy on elders experiencing depression. By the end of this session, participants will be able to discuss the use of garden walks and art therapy to reduce depression.

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

## Skills

Maestro B

*Grief and Art: The Use of Expressive Arts in Bereavement and Palliative Care \**

**Presenter:** Earl Rogers, JD, PsyD, CT, Senior Clinical Consultant, Comox Valley Hospice Society

Art can bridge the gap between the world, before death and after. Art speaks that which often cannot be spoken. This workshop will discuss various forms of expressive arts and how they can be used in grief support.

*Reshaping Cancer Survivorship through Retreat and Renewal \**

**Presenter:** Patricia Schmitt, MA, CRC, Director, James Cancer Hospital and Solove Research Institute

This presentation will describe innovative approaches for supporting cancer survivorship through retreat and renewal. Attendees will learn how to integrate the arts, humanities and nature into cancer support to replenish the spirit, renew the body and restore balance after cancer treatment.

**2:45pm - 3:15pm**

### **Break with Exhibit and Poster Viewing**

Symphony Ballroom/Overture, 3rd Floor

**3:15pm – 4:30pm**

## Concurrent Session II

### **Global**

Aria A

*Blair L. Sadler/Society for the Arts in Healthcare Awardee Showcase*

**Presenters:** Blair L. Sadler, Past President and CEO, the Rady Children's Hospital in San Diego with awards recipients

The Blair L. Sadler International Healing Arts Awards recognize individuals or teams of individuals for their exemplary literary, visual, performing, multidisciplinary or media arts projects that have had a measurable impact on the quality of the healthcare experience for patients, families or caregivers.

**Note:** This is an extended session, which will end at 5:15pm

### **Partners**

Aria B

*Voices of African American Health: A Partnership to Elucidate Health Disparities \**

**Presenters:** Jamie Hunter, MPH, Research Associate, Wake Forest University Health Sciences and Sarah Langdon, Associate Project Manager, Maya Angelou Research Center on Minority Health

This presentation describes the importance of an academic-community partnership in raising awareness about health disparities via developing a unique and creative arts in healthcare program, Voices of African American Health. Attendees will learn about photovoice and the importance of partnerships.

*Learning to Look: A Picture of Health*

**Presenter:** Ginny Lohr, MFA, MA, RN, Curator of Education, University at Buffalo Anderson Gallery and Richard Pretorius, MD, MPH, Associate Professor of Clinical Family Medicine, University at Buffalo SUNY Clinical Center

An art and medicine pilot elective course for medical students will be described. The course was designed to enhance student observational skills and expand perceptual abilities. Curriculum, evaluations and outcomes with delineation of ways the course enhanced student training will be indicated.

### **Practice**

Concerto A

*Music-Thanatology: Prescriptive Use of Harp and Voice as an Essential Part of Palliative Care at End of Life*

**Presenters:** Jane Franz, CM-Th, Music-Thanatologist, Coordinator for Strings of Compassion, PeaceHealth Oregon Region and Laura Lamm, CM-Th, Music-Thanatologist, Providence St. Vincent Medical Center

Music-Thanatology is the use of prescriptive music with harp and voice to address the physical and spiritual needs of the dying and their loved ones. Attendees will gain an understanding of this work and how it is integrated into various palliative care settings through an experiential presentation.

*Success of an Evidence-Based Art Program - M.D. Anderson, A Case Study*

**Presenters:** Kathy Hathorn, MA, VP, CEO and Creative Director and Upali Nanda, PhD, VP, Director of Research, American Art Resources

This presentation will describe the implementation of a successful art program based on an evidence-based approach and measure of its success by a post-occupancy evaluation with patients, visitors and staff of a reputed cancer hospital. It will show how an evidence-based approach is appropriate and can be creatively implemented.

### **Renewal**

Concerto B

*Singing for Mind/Body Connection and Greater Awareness of Self: A Preventative Tool \**

**Presenter:** Kelly Meashey, MMT, MT-BC, FAMI, LCAT, Music Psychotherapist

By promoting deep breathing and vibrations within the body, the singer can move from a state of stress and fear to a more relaxed, comfortable state. This experience will demonstrate the connection of voice to mind and body, and how to use this connection to gain a greater sense of well-being.

## Research and Evaluation

Maestro A

*Saber para la Gente/Knowledge for the People:*

*Emancipatory Information for Health Disparities*

**Presenter:** Carolina Schlenker, MD, MPH, Post Doctoral Fellow, Center for Women's Health Research, University of Wisconsin-Madison

Saber para la Gente/Knowledge for the People Project creates a chain of genuine information that transforms emotions into words, words into scenarios, scenarios into nursing catalogs and health status sets that can be used by health providers to address health disparities with the people themselves.

*Healing Pathways: Art for Survivors \**

**Presenter:** Elizabeth Warson, MA, ATR-BC, LPC, Assistant Professor, Eastern Virginia Medical School

The purpose of the study was to provide a culturally competent art therapy workshop focusing on wellness for American Indian cancer survivors in the southeast. The objective was to create a community-driven program that could be replicated in Indian country. Attendees will learn about this approach.

## Skills

Maestro B

*The Use of Online Art-Making and Presentation Tools to Build a Global Community for Arts in Healthcare*

**Presenter:** Jay Klein, MPA, CEO/Founder with Robert Rothschild, MA, President, ArtThread Foundation

This presentation introduces the audience to online interactive art technology and its global scaleable potential. Participants get hands on experience using online art tools, while learning how technology assets can help individuals and arts in healthcare organizations to globally Connect, Create and Thrive.

**5:30pm - 7:00pm**

## Opening Reception

Sundeck, 5th Floor

**Welcome:** Robert Stroker, PhD, Dean, Boyer College of Music and Dance, Temple University

Cheryl Dileo, PhD, Professor of Music Therapy and Director: Arts and Quality of Life Research Center, Temple University

## Performers:

Michael Greco - Guitar

Jonathon Katz - Alto Sax

Adam Pfannenstiel - Drums

Justin Sekelewski - Bass

Temple University welcomes you to Philadelphia during a rooftop reception (weather permitting) at the Doubletree Hotel. Enjoy an evening of food, fun and some of Temple University's best musical talent.

**Hosted and Sponsored by:** Temple University

## Friday, April 18

Location: Doubletree Hotel Philadelphia

**7:30am - 8:30pm**

**Stretch, Align, Mobilize: Yoga for All Levels with Drexel University Dance Music Therapy Students and Faculty**

Orchestra Room, 2nd Floor

**8:00am - 5:00pm**

**Registration at Doubletree Hotel Philadelphia**

Overture, 3rd Floor

**8:30am - 9:00am**

**Coffee with Exhibit and Poster Viewing** (breakfast on your own)

Symphony Ballroom/Overture, 3rd Floor

**9:00am - 10:15am**

## Concurrent Session III

### Global

Aria A

*Cultural Reuse as a Healthcare Practice: The Psychosocial Ecology of Found and Secondhand Objects \**

**Presenter:** Paul Camic, PhD, Clinical Research Director, Canterbury Christ Church University

The research presented in this paper builds an explanatory model (based on 65 participants) that uses qualitative and quantitative measures to better understand the cultural, social and psychological factors involved in the re-use of discarded objects as an activity to enhance well-being and health.

*Current Research on Singing and Health within the Sidney De Haan Research Centre for Arts and Health, UK \**

**Presenter:** Stephen Clift, PhD, Professor of Health Education, Sidney De Haan Research Centre for Arts and Health

This presentation will provide an overview of the main findings emerging from a research program on singing and health currently underway within the Sidney De Haan Research Centre for Art and Health, UK. The strategy adopted offers a model for research in all areas of arts and health practice.

*Building on the Evidence: Qualitative Research on the Impact of a Visual Arts Program in Mental Healthcare \**

**Presenter:** Norma Daykin, MSc, PhD, Professor of Arts in Health, University of the West of England

This paper describes the results of a study of the impact of commissioned arts on service users and staff in mental healthcare settings in England. Mixed methods, including over 50 depth interviews, were used. Diverse responses to the arts and the implications for research and practice will be discussed.

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

## Partners

Aria B

*Johnson & Johnson/SAH Partnership to Promote Arts in Healing Panel*

**Presenters:** Ashley Atkins, Arts Administrator, Johnson & Johnson, with previous grant recipients; Janet Burnham, Senior Vice President, Thomas Jefferson University Hospital, Madeline Goldfarb, Director of Outreach and Education, The Autism Center of New Jersey Medical School, Paul Macks, Executive Director, Kardon Institute for Arts Therapy and Kimberly Niemela, Director, COSACOSA art at large, Inc.

Presenters will illustrate best practices targeting broad service areas and demographics in building successful arts, design and humanities programs in healthcare.

## Practice

Concerto A

*Adaptive Art Therapy Techniques for Children with Multiple Disabilities and Complex Medical Conditions \**

**Presenter:** Pamela Ullmann, MS, ATR-BC, LCAT, Director of Therapeutic Activities Child Life, Elizabeth Seton Pediatric Center

This presentation will illustrate various techniques and tools used in an art therapy program for children with physical and cognitive limitations and/or impairments. Attendees will learn how to incorporate both traditional art media with adaptive tools, sensory materials and computer technology.

## Renewal

Concerto B

*Shadow, Spirit and Art: From Pain to Possibility*

**Presenters:** Julia Kristeller, M ED, Interfaith Minister/Counselor/Creativity Consultant, Psychotherapy and Spirituality Institute and Charles Monaco, MPS, Interfaith Minister, Musician, Ovations!

This workshop will explore the value and integration of art, imagery, music and poetry with spiritual practices for directly acknowledging the darkness, pain and suffering we face during illness and times of loss, and for helping to move us through the pain to the possibility of healing and wellness.

## Research and Evaluation

Maestro A

*Mood, Art Therapy and Stroke: A New Method for Measuring Mood and Stress Reduction in Art Therapy \**

**Presenters:** Ellen Horovitz, PhD, LCAT, ATR-BC, Professor/Chair of Creative Arts Therapy, Nazareth College and William Schulze, Dr, Professor in the Department of Applied Economics and Management at Cornell University

Participants will: 1) understand the correlation between art therapy in improving mood and reducing stress using mood survey and IR thermal imaging; and 2) understand the implication of art therapy treatment versus diagnostic testing for improvement of mood and stress reduction with clinical populations.

*Art Preferences of Children 5 -12 Years Old \**

**Presenters:** JoAnn Spangler, LCSW, MA, Art Consultant and Pam Wilkins-Horowitz, MA, CAGS, Principal, Wilkins Art Associates

This presentation will focus on the quantitative research on art preferences of original two and three dimension artworks in a school setting and in a hospital setting. Objectives are to: 1) gain an understanding of the research method; and 2) gain information from the review of literature of kid's art preferences in schools and hospitals.

## Skills

Maestro B

*A Creative Challenge - the Curatorship of Contemporary Art Practice in an Acute Hospital Context \**

**Presenter:** Mary Grehan, MA, Arts Coordinator, Waterford Healing Arts Trust

This paper will consider varying approaches to curating contemporary art in acute hospitals - the gallery approach versus more socially-engaged practice. It will raise issues around the 'appropriate image' and will present a set of guiding principles based on the speaker's research and experience.

*The Art of Affiliation: Arts in Healing Partnerships with Three Diverse Hospitals*

**Presenters:** Shanti Norris, Executive Director and Scott Stoner, Arts Administrator, Smith Farm Center for the Healing Arts

This presentation will focus on strategies and mechanisms Smith Farm Center for Healing and the Arts developed over the past ten years to establish successful healing arts programs and services through partnerships with three culturally-diverse hospitals in the Washington, DC metropolitan area.

**10:15am - 10:45am**

## Break with Exhibit and Poster Viewing

Symphony Ballroom/Overture, 3rd Floor

**10:45am - 12:00pm**

## Concurrent Session IV

### Global

Aria A

*"What Should a Hospital Be?" Art and Design Strategies for Humanizing Hospitalization for Children in Japan*

**Presenter:** Judy Rollins, PhD, RN, President, Rollins & Associates; Georgetown University School of Medicine

A child's admission to the hospital can be scary, full of surprises and capable of producing memories that last a lifetime. This presentation will describe art and design strategies hospitals in Japan are using to create a positive hospital experience for children and their families.

*AIM for Africa: Arts in Healthcare Initiatives in Kenya, Gambia, and Rwanda*

**Presenter:** Jill Sonke-Henderson, Co-Director, Center for the Arts in Healthcare Research and Education

Three unique arts in healthcare initiatives in Kenya, The Gambia and Rwanda will be presented. Program challenges and benefits will be addressed through discussion of the establishment and management of international partnerships and project funding.

## Partners

Aria B

*A Look at Living through the Arts: An Innovative Program between the Arts and Community Organizations \**

**Presenter:** Ellen Jaffe, MA, Child Psychotherapist, Writer, Teacher, Living Through the Arts

“Living through the Arts,” a subsidiary of “Learning through the Arts,” is an outreach program bringing artists into community groups. The presentation will show how this inspires both group members and artists.

*Engaging Communities Mural Project: Utilizing the Power of Shared Creativity to Inspire Health & Resiliency \**

**Presenter:** Tova Speter, LMHC, Program Manager, The Art Connection

This presentation will explore the therapeutic qualities of the community mural process using case studies, participant testimonials, group discussion and a visual presentation highlighting recent examples in healthcare settings. Attendees will benefit by exploring how community art can enhance their communities.

## Practice

Concerto A

*Visualizing Hope: A Ceramics Workshop for the Elderly to Alleviate Depression and Promote Social Engagement \**

**Presenter:** Josh Hauser, MD, Assistant Professor, Buehler Center on Aging with Cathi Bouzide, Artreach at Lillstreet

This presentation will review the development, implementation and evaluation of a workshop in ceramics for the elderly. As a unique collaboration between a university center on aging, a long-term care facility and an arts center, the goal was to improve depression and social engagement in participants.

*Modern and Contemporary Art & the Elderly: Engaging the Mind Through Challenge \**

**Presenters:** Susan Putterman, MA, Museum Director and Chief Curator, The Hebrew Home at Riverdale and Francesca Rosenberg, Director of Community and Access Programs, Museum of Modern Art

Fine art, which challenges rather than soothes, becomes a therapeutic tool when elderly populations with seemingly diminished abilities rise to the challenge, transforming to become intellectually engaged and sensitized to their environment.

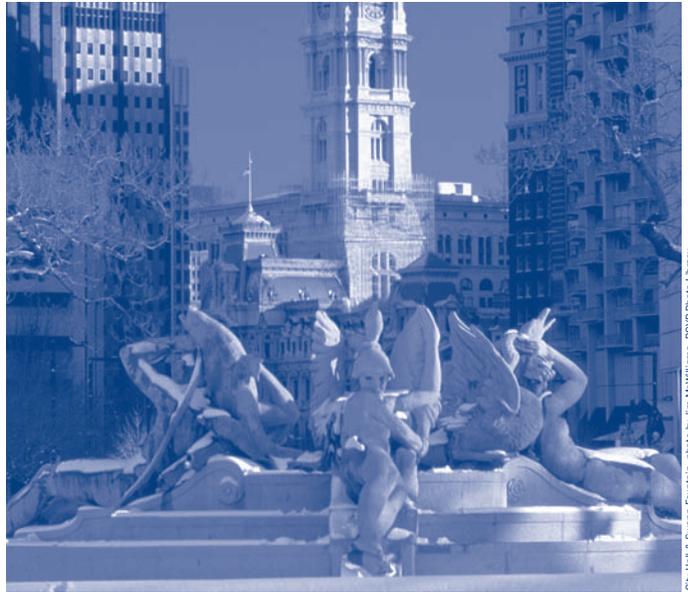
## Renewal

Concerto B

*Art and Healing and the Re-emergence of the Greek Eleusian Mysteries*

**Presenters:** Mary Rockwood-Lane, RN, PhD, Associate Professor, College of Nursing, University of Florida and Michael Samuels, MD, Physician and Program Director, Art as a Healing Force

This presentation will explore the ancient Greek roots of art and healing for the artist healer re-emerging today. It will do this by focusing on the Greek mysteries of Eleusis, the most important art and healing ritual in history.



## Research and Evaluation

Maestro A

*A Workshop on Naturalistic Qualitative Research \**

**Presenter:** Kenneth Aigen, DA, MT-BC, LCAT, NRMT, Assistant Professor, Temple University

This presentation will describe the foundational principles and procedures of naturalistic, qualitative research. Topics covered include determining a research focus, methods for gathering and analyzing data, and developing creative forms for research report. This will be a “hands on” workshop.

## Skills

Maestro B

*Ask the Experts*

**Consultants:**

Cathy DeWitt, Music Director; Musician In Residence, Shands, Arts in Medicine

Wende Heath, MA, MFT, ATR-BC, REAT, Arts in Healthcare Consultant

Lynn Kable, Amherst Glebe Artist Response

Paula Most, Arts Coordinator, Hasbro Children’s Hospital/ Lifespan Hospitals

Don Sebastian, AIA, Architect, FPS Group

Naj Wikoff, Consultant, Creative Partnerships: East Hill Consulting

Take advantage of this valuable opportunity for one-on-one consultancies to help you determine the next steps for your arts in healthcare program. Society for the Arts in Healthcare Consultants specialize in a wide variety of program components within hospitals, health agencies and communities.

A limited number of slots will be available for sign-up on site at the information desk on a first-come, first-served basis.

**Sponsored by:** Society for the Arts in Healthcare Consulting Service, funded by the National Endowment for the Arts

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

**12:15pm - 2:15pm**

**Plenary Session - Awards Ceremony Luncheon**

Ormandy Ballroom, Lobby Level

**Opening:** Cam Busch, MEd, RN, ATR-BC, LPAT, Society for the Arts in Healthcare Board of Directors, Artist, Art Therapist, Nurse, Art Therapy Consults and Studio

**Welcome:** Estelle B. Richman, Secretary, Pennsylvania Department of Public Welfare

**Introduction:** Randy Hill, Chief Operating Officer, Siemens Medical Solutions USA, Inc.

**Keynote:** Lily Yeh, Founder and Executive Director, Barefoot Artists, Inc.

In this presentation, *Healing through Creativity and Reconnection*, Lily Yeh will show slides and share personal stories about her experiences working for over 20 years in challenging and traumatized communities in inner city North Philadelphia and around the world. The presentation will explore the power of art in transforming physical places, healing mental and emotional scars, and rebuilding individuals, families and communities through creative action and reconnection. She will also share her methodology for creating situations where healing and reconnecting can happen.

**Awards Presentation**

**Introduction:** Helen Currier, BSN, RN, CNN, Society for the Arts in Healthcare Board of Directors, Assistant Director, Renal, Texas Children’s Hospital

**Outstanding Leadership in the Society for the Arts in Healthcare, Janice Palmer Award Recipient:** A surprise tribute to an individual who has significantly contributed to the Society for the Arts in Healthcare

*We would like to thank Janice Palmer for her generous gift in support of the awards.*

**Introduction:** Blair L. Sadler

**Blair L. Sadler International Healing Arts Award Recipients:**

**Melinda M. Bridgman**, *Art as a Source of Healing – East Providence, RI*

**Judith-Kate Friedman**, *Songwriting Works at the Jewish Home (SWAJH) - San Francisco, CA*

**Lisa Gallagher**, *The Clinical Effects of Music Therapy in Palliative Medicine – Cleveland, OH*

**Patricia Caballero Schillaci**, *Prenatal Therapeutic Dance Project (PTDP) - East Harlem, NY*

**Xueli Tan**, Co-winners: **Richard Fratiante, MD, FACS** and **Charles Yowler, MD, FACS, FCCM**, *The Effectiveness of Music Therapy Protocols during the Debridement Process – Cleveland, OH*

**Sponsored by:** Siemens Medical Solutions USA, Inc.

**2:45pm - 4:00pm**

**Concurrent Session V**

**Global**

Aria A

*Art Therapy at Mahabusu Ya Watoto: Cross-Cultural Experience in a Juvenile Detention Center*

**Presenters:** Julie Riley, Graduate Student and Jim Albertson, Graduate Student, Nazareth College

Participants will recognize the methods utilized by graduate interns outlining an introductory art therapy program at Mahabusu Ya Watoto, a teenage juvenile detention hall in Tanzania, Africa and will understand the value of art therapy within in a cross-cultural setting

*Arts-in-Medicine Abroad: Creating Effective Partnerships*

**Presenter:** Patricia Repar, DMA, Assistant Professor, Departments of Music and Internal Medicine; Director of Arts-in-Medicine at University of New Mexico

This session will draw upon the education and experience of all its participants to identify and discuss the whereabouts of approaches to, and means of, partnering with ‘arts-in-medicine’ projects abroad. Challenges in designing and sustaining these partnerships will be addressed.

**Partners**

Aria B

*Still Life: A Model Project for Replication by Arts in Healthcare Organizations*

**Presenter:** Robin Glazer, Director/NY, The Creative Center, Inc.

Still Life: Documenting Cancer Survivorship was a project in which cancer survivors documented their lives through documentary photography. The book and traveling exhibit have been very well received—worthy of replication by groups across the U.S. A “How To” DVD will be presented and distributed.

*Establishing Music Therapy Programs in General Hospitals: Two Case Studies*

**Presenters:** Bryan Hunter, PhD, LCAT, MT-BC, Professor of Music Therapy, Nazareth College and Olle Jane Sahler, MD, Professor of Pediatrics, Psychiatry, Oncology and Medical Humanities, University of Rochester Medical Center

The presenters will describe the development of general hospital music therapy programs in the ViaHealth System and Strong Health System in Rochester, New York. Topics will include the collaborative roles in clinical research, funding and interdisciplinary training of music therapy techniques.

**Outstanding Leadership in the Society for the Arts in Healthcare, Janice Palmer Award**

The Outstanding Leadership in the Society for the Arts in Healthcare, Janice Palmer Award was established in 2001 to recognize outstanding service by individual members to the Society for the Arts in Healthcare and the field of arts in healthcare.

Visit [www.theSAH.org](http://www.theSAH.org) for more information on the award

**Previous Award Recipients**

Michael Bzdak	2007	Helen Orem	2004	Lynn Kable	2002
Annette Ridenour	2006	Barbara Smith Coleman	2003	Janice Palmer	2001
Naj Wikoff	2005				

## Practice

Concerto A

*Out of the Dust Cloud: Art Therapy and Long-Term Health Effects of 9/11* \*

**Presenter:** Irene Rosner David, PhD, ATR-BC, LCAT, Director of Therapeutic Arts, Bellevue Hospital Center

A historic World Trade Center Treatment Program serves residents from Lower Manhattan for respiratory disorders, as well as post-traumatic stress. This presentation will convey the contributory role of art therapy in coping with 9/11 adverse health effects.

*The Community Arts Model in Brain Injury Treatment: Creating a Culture of Healing and Psychosocial Well-Being* \*

**Presenter:** Rick Soshensky, MA, MT-BC, NRMT, Director of Creative Arts Therapies, Northeast Center for Special Care

A Community Arts Model in Brain Injury Treatment addresses cognitive, communicative and social deficits in a culture of meaning, creative expression and connection through the clinical application of the arts' inherent potential to attract people and move them into increasingly wider social context.

## Renewal

Concerto B

*Writing Safely, Writing Freely: Strategies for Creating Safe, Supportive Writing Environments*

**Presenters:** Sara Baker, MA, Expressive Writing Facilitator, Lorán Smith Center for Cancer Support and Grey Brown, MA, Literary Arts Director, Health Arts Network at Duke

This session will explore the challenges of offering writing groups in a variety of healthcare settings. Writing exercises and role playing will help participants empathize with the specific needs of these groups. The presenters will demonstrate how to create a safe, supportive environment for writing to take place.

## Research and Evaluation

Maestro A

*Use of the Arts and Humanities in Medical Education: The AHM-ED Database—an Online Resource* \*

**Presenter:** Pamela Brett-MacLean, PhD, Co-Director, Arts & Humanities in Health & Medicine Program, Faculty of Medicine & Dentistry

The AHM-ED database (University of Alberta) features articles that describe courses and other educational innovations that have used arts and humanities perspectives in medical education. This presentation marks the official public launch of the AHM-ED database, which is freely available to all on the Web.

*Creative Approaches for Reducing Burnout in Medical Personnel* \*

**Presenters:** Darlene Brooks, PhD, MT-BC, LPC, LCAT, Associate Professor of Music Therapy, Coordinator of Undergraduate Music Therapy, Temple University and Joke Bradt, PhD, MT-BC, LCAT, Assistant Director, Arts and Quality of Life Research Center, Temple University

This presentation will focus on the use of music-guided imagery and mandala drawing to reduce burnout in nurses and medical staff. The presenters will share research results of a recent study, provide suggestions for program implementation and highlight research needs in this area.

## Skills

Maestro B

*Songwriting Works: A Model for Enhancing Intergenerational Health and Giving Voice to Diverse Communities*

**Presenter:** Judith Kate Friedman, CMT, Founding Director, Songwriting Works

This presentation will introduce the Songwriting Works (SW) model applied in diverse healthcare settings. Attendees will gain hands-on experience with the SW process; tools to enhance their and clients' creativity; best practices for group facilitation and arts/healthcare partnership; and research.

**4:00pm - 4:30pm**

**Break with Exhibit and Poster Viewing**

Symphony Ballroom/Overture, 3rd Floor

**4:30pm – 4:45pm**

**Introduction:** Monica Hork, Society for the Arts in Healthcare Secretary, President, Arts in Health, Ltd.

**Performance:** Claire Porter, Artistic Director, PORTABLES

Ormandy East, Lobby Level

Claire Porter will combine comedy and movement in a witty and sharp solo performance.

**4:45pm - 6:00pm**

**Membership Meeting and Publisher's Reception**

Ormandy East, Lobby Level

**Welcome:** Paul Sznewajns, Society for the Arts in Healthcare President, Executive Director, Snow City Arts Foundation and Anita Boles, Executive Director, Society for the Arts in Healthcare

**Presenters:** Paul Camic, PhD, Clinical Research Director, Canterbury Christ Church University and Norma Daykin, MSc, PhD, Professor of Arts in Health, University of the West of England

Join your fellow members for a meeting with the Society for the Arts in Healthcare leadership. Hear about our plans to launch a new international journal for arts and health professionals. Bring your questions, comments and feedback and be prepared to learn more about organizational accomplishments and member opportunities at the Society for the Arts in Healthcare!

**Welcome:** Beth Davidson, Routledge

Attendees are welcome to join us in a celebration of the new Society for the Arts in Healthcare journal, *Arts and Health: An International Journal for Research, Policy and Practice*, available in 2009.

**Sponsored by:** Routledge

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

**6:00pm - 8:30pm**

### **Arts in Healthcare Film Festival**

Ormandy West, Lobby Level

**Welcome:** Ellen G. Horovitz, PhD, ATR-BC, LCAT, Chair of Creative Arts Therapy Department/Professor Director of Graduate Art Therapy

**Emcee:** Willo Carey, WHYY

#### **Films:**

Camilla Rockwell, "Holding Our Own: Embracing the End of Life"

Judy Rubin, "Beyond Words"

Bailey Barash, "203 Days"

Judith-Kate Friedman, "Songwriting Works at the Jewish Home"

Stuart Pimsler & Suzanne Costello, Meaning in Movement

Pam Wilkins-Horowitz, St. Francis Hospital Documentary

Renee Buchanan, BOOM: House Calls About Medicine and Graying America

Jessica Finch, Kool Kidz Program

Join us for the first Society for the Arts in Healthcare Film Festival. We will screen and award Society member films that reflect the value of arts in healing. A post-screening panel discussion with artists and filmmakers will inspire the audience and provide a unique view into the filmmaking process. A surprise drawing will also be held—you must be present to win!

WHYY, the premier public broadcasting station serving the Philadelphia market, will broadcast the top three videos on its Wider Horizons digital channel, carried on Comcast Digital 242 and Verizon FiOS 873.

## **Saturday, April 19**

Location: Doubletree Hotel Philadelphia

**7:30am - 8:30am**

### **Stretch, Align, Mobilize: Yoga for All Levels with Drexel University Dance Music Therapy Students and Faculty**

Orchestra Room, 2nd Floor

**8:00am - 12:00pm**

### **Registration at Doubletree Hotel Philadelphia**

Overture, 3rd Floor

**8:30am - 9:30am**

### **Poetry Café Breakfast**

Ormandy Ballroom, Lobby Level

**Welcome:** Paul Sznawajs, Society for the Arts in Healthcare President, Executive Director, Snow City Arts Foundation

All attendees are invited to enjoy this breakfast session and participate in our annual open mic café of poetry readings.

**9:30am - 10:30am**

### **Plenary Session \***

Ormandy Ballroom, Lobby Level

**Welcome:** H. Lea Gaydos, PhD, RN, CS, AHN-BC, Society for the Arts in Healthcare Board of Directors, Associate Professor of Nursing, University of Colorado, Colorado Springs, College of Nursing & Health Sciences

**Presenters:** Cheryl Dileo, PhD, MT-BC, Director of the Arts and Quality of Life Research Center, Professor of Music Therapy

and Coordinator of the Master's Program in Music Therapy at Temple University and Joke Bradt, PhD, MT-BC, LCAT, Assistant Director of the Arts and Quality of Life Research Center, Temple University

In the presentation, Research in the Arts and Healthcare: Meta-Analysis Results and an Agenda for Future Research, Drs. Dileo and Bradt will discuss the need for a structured approach to research in the arts in healthcare so that the field can move forward towards acceptance in the medical profession. They will share findings of recent systematic reviews and meta-analyses and formulate goals for future research.

**Sponsored by:** Americans for the Arts

**10:30am - 10:45am**

### **Break**

**10:45am - 12:00pm**

## **Concurrent Session VI**

### **Global**

Aria A

*Music, Spirituality and Healing: Balinese Gamelan Gong Kebyar in the Treatment of Schizophrenia \**

**Presenter:** Dr. David Akombo, Director, MTI Arts International, Inc., University of Florida

The use of the Gamelan in the treatment of schizophrenia is a typical situation where music plays an important role in the direct healing process among the Balinese people. This presentation will introduce the audience to the practice of using music and dance as a healing tool in southeast Asia.

*Healing Within: Music Therapy and Spirituality in Cancer Care \**

**Presenter:** Lucanne Magill, DA, MT-BC, Assistant Professor, University of Windsor

Patients contending with cancer may experience suffering and loss of existential meaning. Music therapy is an approach through which patients and caregivers can experience meaning, dignity, hope, transcendence and peace. Effective music therapy methods address spiritual issues in cancer care.

### **Partners**

Aria B

*Moving Portraits: Making a Difference Through Dance*

**Presenters:** Lawrence Carter-Long, Director of Advocacy, Disabilities Network of NYC and Heidi Latsky, Artistic Director, Heidi Latsky Dance

Audiences go to dance events to see what they cannot do themselves. People with disabilities are at times perceived as limited. Dancers and persons with disabilities share this quality in ways not often explored. Bridging the divide offers a multitude of benefits for healthcare professionals and people with disabilities.

*Creating Meaning from Experience: Art, Culture and Dementia*

**Presenters:** Claire Day, Support Group Coordinator and Raul Mux, Associate Director, Multi-Cultural Outreach, Alzheimer's Association Delaware Valley Chapter

Participants will learn how art and culture programs can improve the quality of life for persons with dementia and their carepartners. The session will focus on developing partnerships with community arts organizations and practical tips for starting arts programs in their community.

### **Practice**

Concerto A

*Case Study: Creating a Regional Arts Program at AtlantiCare Regional Medical Center*

**Presenter:** Annette Ridenour, President and Leah Goodwin, Director of Arts Programs, Aesthetics, Inc.

The panel will show a recently installed regional arts program at AtlantiCare Regional Medical Center's City Campus in Atlantic City, New Jersey, and will include the Vice President of Marketing; the Director of Community Relations; the arts program design and consulting company; and a participating artist.

### **Renewal**

Concerto B

*Music: The Pen of the Soul \**

**Presenters:** Susan Knechtel, MMT, LPC, LCAT, MT-BC, Music Therapist/Owner, Music Therapy Heartfelt Sounds

Therapists are nurturers by nature and typically take care of others before ever considering taking care of themselves. Through both short didactic and experiential learning, this workshop will offer participants a moment in time to renew and inspire by nurturing the "self." Dress comfortably.

### **Research and Evaluation**

Maestro A

*The Evanescent Art of Palliative Care: An Appreciative Inquiry \**

**Presenters:** John Graham-Pole, MD, MRCP, Emeritus Professor of Pediatrics, University of Florida, Center for the Arts in Healthcare Research & Education and Dorothy Lander, PhD, Senior Research Professor, St. Francis Xavier University

This presentation will describe arts-based research with personal and professional palliative caregivers and cared-for, using self-study and dialogue. This appreciative inquiry into the weave of evanescent and preservable art in palliative and hospice care offers participants applications to their practice, pedagogy and research.

*Clinical Outcomes in the Context of Art Productions from an NIH Funded Study of Mindfulness-Based Art Therapy \**

**Presenter:** Caroline Peterson, MA, ATR-BC, LPC, Research Associate/Art Therapist, Thomas Jefferson University

Mindfulness-Based Art Therapy (MBAT), a psychosocial intervention, has been shown to significantly improve the health status of persons with cancer. This paper will explore how trends in the artwork of participants may qualitatively forecast improvements as reported on quantitative outcome measures.

### **Skills**

Maestro B

*Ask the Experts*

**Consultants:**

Cam Busch, MEd, RN, ATR-BC, LPAT, Artist, Art Therapist, Nurse, Art Therapy Consults and Studio

Sally Denman, MA, ATR-BC, Artist Facilitator, Arts in Mental Health Program, Napa State Hospital

Betty Haskin, Coordinator, Health Arts Network at Duke HAND

Ermyrn King, Artist in Healthcare, Inclusive Arts/Arts Access Consultant, and VSA Arts of Pennsylvania Board Member

Kimberly Niemela, Director, COSACOSA art at large, Inc.

Elaine Sims, Director, University of Michigan Health System Gifts of Art Program

Take advantage of this valuable opportunity for one-on-one consultancies to help you determine the next steps for your arts in healthcare program. Society for the Arts in Healthcare Consultants specialize in a wide variety of program components within hospitals, health agencies and communities.

A limited number of slots will be available for sign-up on site in the registration area on a first-come, first-served basis.

**Sponsored by:** Society for the Arts in Healthcare Consulting Service, funded by the National Endowment for the Arts

**12:00am - 12:30am**

**Break**

**12:30pm - 2:30pm**

**Celebration of the Arts in Healthcare Luncheon**

Ormandy Ballroom, Lobby Level

**Welcome:** Jill Sonke-Henderson, Society for the Arts in Healthcare Vice President, 19th Annual Conference Chair and Co-Director, Center for the Arts in Healthcare Research and Education

**Introduction:** Cheryl Dileo, PhD, MT-BC, Director of the Arts and Quality of Life Research Center, Professor of Music Therapy and Coordinator of the Master's Program in Music Therapy at Temple University

**Presenter:** Jane Golden, Founding Director, Philadelphia Mural Arts Program

**Introduction:** Elaine Sims, Director, University of Michigan Health System Gifts of Art Program

**Presenter/Performer:** Jourdan Urbach, Concert Violinist, Children Helping Children

**Introduction:** Jill Sonke-Henderson, Society for the Arts in Healthcare Vice President, 19th Annual Conference Chair and Co-Director, Center for the Arts in Healthcare Research and Education

**Performers:** Featuring members of Parsons Dance and Polish American String Band, A Philadelphia Mummies' Tradition Since 1933

Join us for a festive Closing Celebration with guest speakers Jane Golden, Founding Director, Philadelphia Mural Arts Program and Jourdan Urbach, Concert Violinist, Children Helping Children. Enjoy the violin performance by Jourdan Urbach, the contemporary dance performance featuring members of Parsons Dance and the lively musical arrangements and elaborate costuming in the Philadelphia Mummies' tradition from the Polish American String Band!

\*Presentations that qualify for counseling continuation hours are marked with an asterisk (please see page 20).

# exhibitors

## **Abhi's Photos**

Abhi's Photos provides fine art photography for healthcare settings. The nature-based imagery has serene and uplifting qualities. We welcome assignments for site specific proposals. A wide range of installations is available such as canvas, prints on glass tiles or backlit displays.

## **Aesthetic Audio Systems**

Aesthetic Audio Systems provides custom audio programming for healthcare's public, patient and clinical spaces. Harmonic Healthcare® delivers music for public spaces. MuViCure is an audiovisual experience that improves wellbeing and helps the mind and body recuperate. Both are based on strong research programs and therapeutic principles of music and listening.

## **American Dance Therapy Association (ADTA)**

The American Dance Therapy Association was organized in 1966 to establish and maintain high standards of professional competence among dance/movement therapists. Based on the assumption that the body and mind are interrelated, the ADTA defines dance/movement therapy as a psychotherapeutic use of movement to further the emotional, cognitive, physical and social integration of the individual.

## **Beads of Courage**

Beads of Courage provides innovative, arts-in-medicine, supportive care programs for children coping with serious illness, their families and the clinicians who care for them. We use arts as a means to strengthen resilience-based protective processes while decreasing adverse outcomes such as depression anxiety, uncertainty and symptom distress in children.

## **Bedside Harp**

For six years, Bedside Harp has been striking a notable difference in healthcare. Hosted by four area hospitals, we play for patients, teach staff and community to play the instrument for their own healing, train and certify harpists to work in healthcare and participate in research projects.

## **Certification Board for Music Therapists**

The Certification Board for Music Therapists certifies credentialed, professional music therapists through examination and re-certifies them every five years through a program of continuing education. Representatives will be available to answer questions and provide materials related to required education and certification in the music therapy profession.

## **Children's Healing Art Project**

Children's Healing Art Project (CHAP) creates art opportunities where children can be seen for their artistic talents rather than by their disease, disability or diagnosis. CHAP can help you translate the children's art from YOUR facility into public art ranging from hand knotted silk and wool rugs to beaded sculpture and glass wall panels.

## **CIGNA/CIGNA Foundation**

CIGNA (NYSE: CI) provides employers with benefits, expertise and services that improve the health, well-being and productivity of their employees. With approximately 47 million covered lives in the United States and around the world, CIGNA's operating subsidiaries offer a full portfolio of medical, dental, behavioral health, pharmacy and vision care benefits and group life, accident and disability insurance.

"CIGNA Foundation" is a separate not-for profit entity, wholly funded by CIGNA Corporation and its operating subsidiaries. The CIGNA Foundation supports organizations sharing its commitment to enhancing the health of individuals and families, and the well-being of their communities, with a special focus on those communities where CIGNA employees live and work.

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## **Drexel University**

The Hahnemann Creative Arts in Therapy Program in the College of Nursing and Health Professions at Drexel University offers the MA degree in Art Therapy, Music Therapy and Dance/Movement Therapy, educating mental health professionals who specialize in the use of the arts in psychotherapy, and in special education and health care settings since 1974.

## **Eastern Shore Hospital Center, Auxiliary of the Eastern Shore Hospital Center, Inc.**

In collaboration with its Auxiliary, the Eastern Shore Hospital Center hosts a state-wide Art Show featuring Outsider Art from resident artists challenged by physical, visual, developmental and mental disabilities. The Hospital is committed to the integration of creative and healing art activities as a vital segment of its therapeutic programs.

## **Jessica Kingsley Publishers**

Jessica Kingsley Publishers is a wholly independent company, specializing in books that make a difference. We are a leading publisher on the arts therapies and also publish books for professional and general interest readers on a variety of other topics, such as special education, psychotherapy, social work, counseling, therapeutic communities, gerontology, death and bereavement, psychiatry and spirituality.

## **Keystone Hospice's Collaborative Art Project**

Visit the art table for your chance to participate in the creation of a collaborative art piece. Keystone Hospice will supply all materials and will curate the final work by combining all participants' works. Keystone Hospice will share the art with other facilities in the Philadelphia area, giving conference participants an opportunity to send a message of healing lasting far beyond the conference.

## **Music For All Seasons**

Music For All Seasons (MFAS) brings the power and healing of live musical performances to people who are unable to attend concerts. By bringing these programs to a wide range of institutions MFAS helps aid the healing process - physical, mental and spiritual - and provides opportunities for young professional artists to serve special audiences.

### **Riley Hospital for Children**

Committed to excellence in healthcare, Riley Hospital for Children is Indiana's only comprehensive children's hospital with pediatric specialists in every field of medicine and surgery. Each year, Riley serves more than 230,000 inpatients and outpatients from across Indiana, the nation and the world.

### **Routledge**

Taylor & Francis has grown rapidly over the last two decades to become a leading international academic publisher. We publish more than 1,350 journals and around 1,800 new books each year. Visit our booth and view the ground-breaking new journals and books, published by Routledge, part of the Taylor & Francis Group.

### **Sacred Heart Medical Center**

Sacred Heart Medical Center is a non-profit, level II trauma center located in the heart of Oregon's Willamette Valley and is the largest hospital between Portland and San Francisco. Key services include Heart & Vascular, Neurosciences and Gerontology Institutes and the oldest and largest Music-Therapy practice in the world.

### **SEEWALL Studios**

SEEWALL Studios merges art and technology in a multimedia display of color, sound, form, light and motion. A masterpiece of design, SEEWALL is an unprecedented combination of materials and media. Brilliant seascapes invite you into a cosmos lush with light, color and pattern.

### **Siemens Medical Solutions USA, Inc.**

Siemens Medical Solutions is one of the world's largest suppliers to the healthcare industry, employing more than 49,000 people worldwide. Siemens will be the first fully integrated diagnostics company, bringing together imaging and lab diagnostics, in addition to therapy and healthcare information technology solutions supplemented by support services, to help customers achieve tangible, sustainable, clinical and financial outcomes.

### **Spartanburg Regional Healthcare System Foundation**

Since 1997, The Spartanburg Regional Healing Arts Program has combined the soothing powers of the creative arts with modern medicine to aid patients as well as their caregivers in their complete recovery by utilizing the talents of local and visiting artists through visual displays, scheduled performances and literary arts activities.

### **Spellman Brady & Company**

Spellman Brady & Company utilizes a holistic approach on all projects to reach out and embrace patients, families and caregivers. With 28 years of experience, we are recognized for Artwork Master Planning, Brand Identity, Interior Design services. We team closely with clients extracting their project vision, market and demographics to create a spectacular project focused on the whole patient experience.

### **Temple University**

The interdisciplinary Arts and Quality of Life Research Center and its community outreach program, Arts at Your Side, are housed within Temple University's Boyer College of Music and Dance. The Boyer College offers numerous undergraduate and graduate degree programs, including internationally recognized music therapy programs, taught by exemplary faculty.

### **Texas Children's Hospital**

Texas Children's Hospital is an internationally recognized full-care pediatric hospital located in the Texas Medical Center in Houston. One of the largest pediatric hospitals in the United States, Texas Children's Hospital is dedicated to providing the finest possible pediatric patient care, education and research.

### **The National Arts Program (NAP)**

An employee and family awards program with continuing education grants. Cash awards for \$2,400, grants up to \$2,000. All printed materials furnished: Rules of Exhibit, Award Ribbons, Certificates of Participation. Very successful in 41 hospitals. It's all free. *Sponsored by the NAP Foundation, Malvern, PA.*

### **University of Florida, Center for the Arts in Healthcare Research and Education**

The Center for the Arts in Healthcare Research and Education (CAHRE) at the University of Florida is committed to advancing the integration of the arts into healthcare through education, training, research, interdisciplinary collaboration and local/international arts in healthcare programming.

## **art exhibit**

### **Philadelphia Arts in Healthcare Programs Showcase Art Exhibit**

This Showcase component highlights original visual artwork in diverse mediums by established and emerging artists from the Philadelphia region and beyond. Displayed pieces were created through art-making programs, featured in exhibitions, and/or acquired as part of the permanent art collections of Greater Philadelphia organizations, including the following:

- Art-Reach
- COSACOSA art at large, Inc.
- Inglis House
- National Exhibits by Blind Artists (NEBA)

*Support for this Showcase Art Exhibit from participating organizations is gratefully acknowledged.*

### **Johnson & Johnson South African Development Fund**

This special display features innovative arts and crafts for sale from community-based South African women's groups whose programs use the arts to address issues of poverty, education and HIV/AIDS. Funds raised through the sale of these products are directed to the South Africa Development Fund to support capacity building at the various organizations. These items will be available in the exhibit hall on Thursday 8:15 – 9:15am and Friday 4:00 – 4:30pm.

### **The Society for the Arts in Healthcare Conference Bookstore – brought to you by Borders Express**

Choose from a wide variety of popular and hard to find books collected especially for this event! The bookstore will be located in the exhibit hall and open until 5:00pm on Thursday and Friday.



Kimmel Center for the Performing Arts Photo by Roman Virsky

# continuing education credits and hours

## Overview and Instructions

### Continuing Education Credits for Nurses

Shands HealthCare Department of Nursing and Patient Services is an approved provider of continuing education by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Responsibilities of the individual requesting CEU's:

1. Register and pay for CEU's when registering for the conference.
2. Sign in and out each conference day.
  - Sign in between 8:00am – 9:00am daily at the information desk.
  - Sign out daily at the information desk:
    - Wednesday: 4:30pm – 5:00pm
    - Thursday: 4:30pm – 5pm
    - Friday: 4:00pm – 4:30pm
    - Saturday: 12:00pm – 12:30pm
2. Complete a session evaluation form and turn it in to the information desk at the end of each day
3. Your certificates will be completed on-site.

For answers to CEU questions during the conference, call 352-328-7522.

### Continuing Education Hours for Counselors

Continuing Education Hours (CE hours) are available for counseling courtesy of Drexel University's Hahnemann Creative Arts in Therapy Program. **Please note that presentations that qualify for counseling continuation hours are marked with an asterisk.**

Drexel University's Hahnemann Creative Arts in Therapy Program is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP™) and a co-sponsor of this program. Drexel University's Hahnemann Creative Arts in Therapy Program may award NBCC approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event.

Responsibilities of the individual requesting CE hours:

1. Register and pay for CE hours when registering for the conference.
2. Sign in and out each conference day at the information desk.
3. Complete a session evaluation form for each session and turn it in to the information desk at the end of each day.  
Note: presentations that qualify are marked with an asterisk.
4. Your certificate will be mailed to you within two weeks following the conference.

For answers to CEU questions during the conference, visit the conference information desk.

The Society for the Arts in Healthcare does not provide endorsement for commercial products or services, including complementary/alternative/therapeutic modalities. Conference presenters will not discuss off-label use of products, and we affirm that no conflict of interest exists on the part of our conference planners or presenters.

“The Society for the Arts in Healthcare annual conference is the international resource for education, inspiration and networking for anyone wanting to design and implement art programs in the healthcare environment. The conference is designed to provide invaluable information for both the new and the experienced in the field.”

- Annette Ridenour, President, Aesthetics, Inc.

# poster sessions

*Celebration of Young Artists: Uniting a Community Through Healthcare, Education and the Arts*  
Sandra Baughman

*A Study of the Arts in Healthcare through Transdisciplinarity*  
Lynda Billings, MFA, PhD

*Creative Projects as a Bridge to Reflection in Residency Training*  
Ana Blohm

*Developing and Maintaining a Cofacilitation Model for Children's Group Therapy: Artist and Therapist as Healers*  
Karen Carbonello, MA

*Using Art Therapy in Short-Term Open-Ended Groups*  
Jen Clements, PhD, MSW, LCSW

*When the Spirit Catches You: A Multimedia Composition About Epilepsy*  
Cynthia Folio, PhD

*Art in Medical Education: An Alternative Method of Learning Empathy in the Physician-Patient Relationship*  
Jane Gair, PhD

*A Dance/Movement Therapy Clinical Model for Women with Gynecologic Cancer Undergoing HDR Brachytherapy*  
Sharon Goodill, PhD, ADTR, NCC, LPC

*Smiles on TAP – An Innovative Start to a Therapeutic Arts Program in an Oncology Setting*  
Monica Grantham, MD

*Gallery of Giving – Children Donate their Art to the Hospital*  
Maureen Heimerl, RN, MSN, PNP

*Words Have Power: Incorporating the Voices of Ordinary People into Art Forms to Promote Strength and Healing*  
Suzanne Loechl

*Karma in Chaos*  
Joan Sandham

*Asking Seniors to Draw A Person*  
Ritamaria Moscola

*Art In Healing*  
Mickey Nagler

*Art Preferences of Long-Term Care Residents with Different Ethnicities*  
Upali Nanda, PhD

*Out of the Box: Art Healing Communities from the Hospital to the 'Hood'*  
Kimberly Niemela

*Why is the Evaluation of Arts in Healthcare Initiatives Difficult?*  
Helen Nikolas, MPH, AFCHSE

*Art, Environment, and Healing: Three New Venturi, Scott Brown Buildings at Lehigh Valley Hospital*  
Christine Oaklander, PhD

*Employee Health Promotion Through the Creative Arts*  
Kathy Cadow Parsonnet, RN, EdM, MPH

*The Mandalas of Sheppard Pratt*  
Patricia Prugh, MA, ATR, CGP

*Using Evidence of Mirror Neurons as a Best Practice for Arts in Health Care*  
Dianne Schwarz, MEd, OTR

*Using the Bird's Nest in Art Therapy to Explore the Phenomenon of Insecure Attachment in School-Age Children*  
Sandy Sheller, MA, ATR-BC, LPC

*Using Art Therapy as Life Review for Aging Populations*  
Karen Sheriff

*Singing the Songs of Life: Exploring the Benefits of Choral Singing for Elderly Persons in Healthcare*  
Carol Shultis, MEd, MT-BC

*Reflections of Illuminations: Year Five of a Patient Inspired Rotating Art Exhibit*  
Stefanie Sordillo-Ryan

*Memories in the Making: Therapeutic Art Classes Tailored for Persons Diagnosed with Alzheimer's and Dementia*  
Bonnie Starr, MA

*Counting Your Blessings: Using Fabric Art to Elicit Mindfulness, Gratitude, and Compassion*  
Terry Thomas Primer, D Min

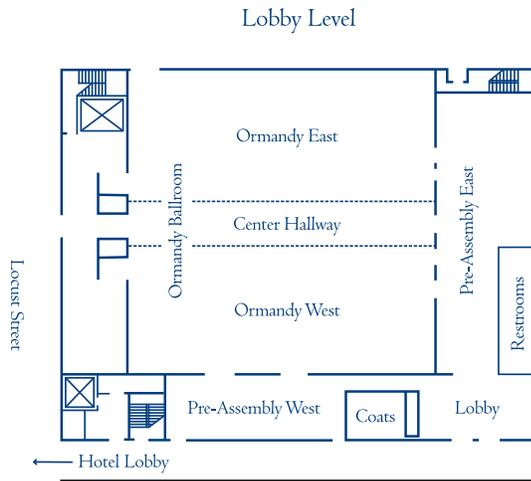
*From Surviving to Thriving: A Hands-on Workshop for Cancer Survivors and Their Caregivers*  
Mary Van Denend, MFA

*Art as Shelter: Expressive Arts as a Healing Tool in Respite Care Environments for the Homeless and At Risk*  
Laura Webb, MA

*The Quilted Artwork, Mayo Clinic Celebrates 20 Years of Caring in Arizona*  
Kay Wellik, MLS, AHIP

*Art Therapy with a Harm Reduction Population: An Open Studio Approach*  
Stephanie Wise, MA, ATR-BC, LCAT

# general information



## Locations

### Doubletree Hotel Philadelphia

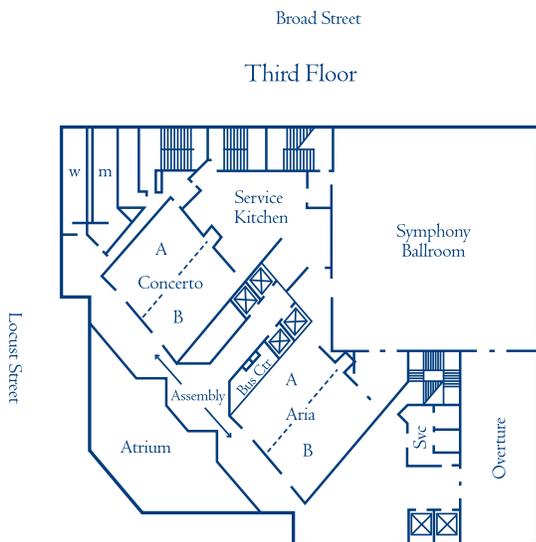
237 South Broad Street  
Philadelphia, PA 19107-5686  
(215) 893-1600

### The College of Physicians of Philadelphia

19 South 22nd Street  
Philadelphia, PA 19103  
(215) 567-2094

### Philadelphia Museum of Art

Main Building  
26th Street and the Benjamin Franklin Parkway  
Philadelphia, PA 19130



## Busing Schedule

### Facility Tours

Wednesday, April 16

### Pre-Conference Day Tours

**1:00pm**

Buses depart from the Doubletree Hotel Lower Lobby Philadelphia

**4:00pm**

Buses depart to return to the Doubletree Hotel Philadelphia

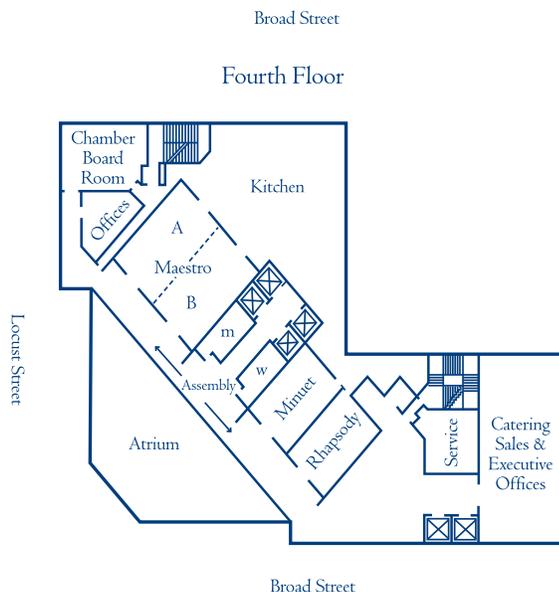
### Welcome to Philadelphia Program and Reception at The College of Physicians of Philadelphia

**Between 5:00pm – 5:30pm**

Buses depart from the Doubletree Hotel Lower Lobby Philadelphia

**Between 7:30pm – 8:00pm**

Buses depart to return to the Doubletree Hotel Philadelphia



# acknowledgements

## Society for the Arts in Healthcare Board of Directors

### **President**

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